



Home Office

Drugs Licensing
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To Whom It May Concern:

PERSONS TRAVELLING TO OR FROM THE UNITED KINGDOM CARRYING PRESCRIBED CONTROLLED DRUGS

Please note that as from 01/01/2008 any person travelling for any period up to and including 3 months, or carrying no more than 3 months' supply of medication, will not require a Home Office licence regardless of the drug(s) being carried.

It is important, however, that our advice concerning the carriage of a letter issued by the prescribing doctor or drug worker is still followed. The letter should contain the following information:

- Your name
- Your address
- Your date of birth
- The outward and return dates of your travel
- The country you are visiting
- List the drugs you are carrying, including dosages and total amounts

Additionally, it is always advisable for those travelling abroad to contact the Embassy/Consulate/High Commission of the country to be visited regarding their policy on the importation of controlled drugs.

Telephone numbers for the above organisations along with general information concerning travel with controlled drugs can be found at our website <http://drugs.homeoffice.gov.uk/drugs-laws/licensing/personal>

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